



Welcome to your dental plan

Dental benefits that give you freedom and choice

With the UnitedHealthcare Dental PPO Plan, you can see any dentist you want, anywhere across the country. When you choose a dentist who is part of your plan's large national network, you may receive discounted rates only available to members.



Preventive care

When you see a network dentist, your plan pays for all or most of your preventive dental care, including routine checkups, cleanings and annual oral cancer screenings for adults. You can get 2 cleanings in a 12-month period.

Oral health is linked to overall health. That's why we emphasize preventive care, so small dental problems don't become big ones that negatively affect overall health.



Extra dental visits when you're pregnant

Increased bacteria levels in a person's mouth can lead to tooth decay. Your plan covers extra visits for cleanings and gum treatments when you're pregnant, as recommended by your dentist. Ask your dentist to submit a claim to the address on your ID card. Be sure to include the name of your OB/GYN and your due date.



Benefits on the go

Check the UnitedHealthcare Dental app, visit myuhc.com[®] or call the number on the back of your ID card to learn more about your benefit summary.

- ✓ Find a neighborhood dentist
- ✓ Set appointment reminders
- ✓ Access helpful health tips

Make the most of your dental plan



Find a network dentist

You have 2 options:

- 1 Log in to myuhc.com and use the Find a Dentist tool to search by name, facility or location to see a list of network dentists

OR

- 2 Call the number on your ID card

If a network dental provider is not available within a reasonable distance of where you live or work, you may be referred to an out-of-network dental provider and still receive services at the network rate. Please use myuhc.com to see your official dental plan documents for details about your plan coverage or call the number on your ID card.



Your dental ID card

Access your ID card anytime on your mobile app or myuhc.com. Your card lists the subscriber and everyone enrolled in the plan can use it. Be sure to bring it with you each time you see the dentist.



Estimate your costs

Use the Dental Cost Calculator on myuhc.com to calculate your out-of-pocket costs ahead of time.

- 1 Select **Coverage & Benefits**
- 2 Select **Dental**
- 3 Select **Dental Cost Calculator**

How your plan works

Deductible

For services other than preventive care, you may have to pay a deductible—a set dollar amount—before your coverage kicks in.

Cost-sharing

After paying your deductible, when having restorative services, you and your plan share the costs of services after you pay your deductible. (This is known as coinsurance, the percentage of costs you pay for covered dental care after you've paid your deductible.)

Annual limit

Your plan pays for services up to a set dollar amount, called an annual limit. Preventive services, including routine dental checkups, may count toward your annual limit. If you reach the limit, you'll need to pay the entire cost of any additional dental care you receive that year. Find your annual limit on myuhc.com or call the number on your ID card.

Pre-treatment estimates

If you're planning to have a procedure that costs more than \$500, ask your dentist to send UnitedHealthcare the X-rays and notes about your condition. We'll review the treatment to make sure it's clinically appropriate. After review, you and your dentist will get an estimate of what the plan will pay and what your out-of-pocket costs will be.

Out-of-network services

If you use a dentist outside the network, you may need to pay the difference between what the plan covers and what your dentist charges for the services.

Submit claims online

You can easily submit claims on myuhc.com. It only takes a few minutes, helps reduce errors and helps you get reimbursed faster.

Need help?

Log in to myuhc.com or call **1-800-445-9090**, TTY 711

United Healthcare

The company does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities.

We provide free services to help you communicate with us, such as letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free number on your ID card.

ATENCIÓN: Si habla español (Spanish), hay de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意:如果您說中文 (Chinese), 我們免費為您提供語言協助服務。請致電: 1-800-445-9090, TTY 711

UnitedHealthcare dental coverage underwritten by UnitedHealthcare Insurance Company, located in Hartford, Connecticut or its affiliates. Administrative services provided by Dental Benefit Providers, Inc., United HealthCare Services, Inc. or their affiliates.

This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete coverage details, contact the company.

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